



Athlete Development Seminar – Fall 2016
October 23-24, 2016 Windsor Arena, Grand Falls-Windsor

Guest Coach

Yvan Desjardins (Singles)

- Yvan is the coach of the 2016 Junior World silver medalist, Nicolas Nadeau, and the 2016 Junior Mens Canadian Champion, Joseph Phan. Yvan is one of the youngest NCCP level 5 coaches in Canada, and was a former National Team member and Junior World competitor.

Guest Skater (To be announced)

- We hope to have this information confirmed within the next few days and will update coaches and skaters with the biography.

Eligibility: Senior A and B Teams + Junior Team Members (competing Pre Juv and higher)
Competitive skaters competing at the Pre Juvenile - Senior level.
STARSkaters competing at the STAR 8 and higher level.

Application Fee: \$125.00 per skater

Medical refunds only with medical certificate, \$50.00 administration fee shall be levied to all refunds

Groups/Maximums: Skaters will be assigned to Group A or Group B with a maximum of 15 skaters per group. It is a priority to keep group sizes small to maximize the skater/guest coach interaction.

Registration: September 28 (noon) for Senior A & B Teams + Junior Team Members (Pre Juv and higher)
September 29 for non-team members Pre Juvenile and higher + STAR 8 and higher.

To Register: Please visit <https://skatenf.uplifterinc.com>

***Applications will be accepted on a first come-first served basis with a maximum of 30 skaters beginning on September 28th at noon for team members.**

Program Outline

October 23 – 2:00pm-8:00pm

- 2 Technical Classes with Yvan Desjardins and guest skater
 - 1 Group Stoking Class
 - 1 Off Ice Class

October 24 – 8:00am-2:00pm

- 2 Technical Classes with Yvan Desjardins and guest skater
 - 1 Group Stoking Class
 - 1 Off Ice Class

Funded in part by: Newfoundland and Labrador Department of Seniors, Wellness and Social Development

